

11Th Step Daily Worksheet

Date: ____/____/____

Nightly Review Questions	Chronological of Today's Event's
1. Was I Resentful (if so, do 4 column inventory)	
2. Was I selfish? (i.e.; egotistical, self-seeking)?	
3. Was I dishonest?	
4. Was I afraid?	
5. Do I owe an apology?	Who did I help today?
6. Have I wrongly kept a secret?	What did I accomplish today?
7. Was I unkind? (i.e.; cruel, harsh, unfeeling)?	
8. Was I unloving? (cold, unresponsive, indifferent)?	What am I grateful for today?
9. What could I have done better?	
10. Was I thinking of myself most of the time?	Who Needs My Love Today?
11. Was I thinking of what I could do for others?	Who needs my prayers today?
12. Was I Thinking of what I could pack into the stream of life?	

I am trying to live each day of my life to the fullest and enjoy everything that God has given me for today!

After making our review we ask God's forgiveness and inquire what corrective measures should be taken if any.

We say a prayer: "God, thank you for my successes today. Help me build on them tomorrow so that I may better do thy will. Help me to take responsibility for the things that I could have done better. Show me what corrective measures need to be taken and give me the power to carry them out. Amen"

Reflections on the Day